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## September 18, 2018

## Flex Open Enrollment Deadline

- Don't forget the Flexible Spending Accounts deadline is September 30, for both online and paper enrollment. Sign
  up today for your savings to start October 1.
- New this year! Starting October 1, 2018, members enrolled in the Health FSA will be able to swipe their FSA debit card for qualified medical, prescription drug, dental, and vision expenses or copays at the time of service or purchase. Members will no longer be required to pay out-of-pocket first for medical expenses and wait for a reimbursement from their Health FSA.
- **Note**: The regular PEEHIP Open Enrollment period for all coverage elections other than Flex ended on September 10, 2018, for online changes and August 31, 2018, for paper forms.

## Be Ready for the 2018 Flu Season! Get Vaccinated Now!

- According to the CDC, seasonal flu activity often begins as early as October and can continue to occur as late as
   May. Flu activity most commonly peaks in the United States between December and February.
- Get vaccinated today at:
  - ♦ Your doctor's office or local pharmacy.
  - ♦ The Alabama Department of Public Health (ADPH): To see a listing of available and upcoming flu shot clinics offered by ADPH, please visit <u>here</u>.
- There is no additional cost or copay for any of the flu shot options above. Please remember to take your PEEHIP ID card to whichever location you choose. <u>View our website</u> for more info on the flu vaccine and your available options.

## **PEEHIP and MedImpact Fighting the Opioid Epidemic**

• Effective September 1, 2018, MedImpact launched a new seven day quantity limit for new opioid users, in an effort to reduce the potential for opioid addiction. This seven day quantity limit will be in addition to the current Opioid Cumulative Dose Safety Program and other quantity limits that are already in place to prevent overutilization of prescription opioids. To increase patient safety, MedImpact and PEEHIP are dedicated to continuing to develop strategies to combat this crisis. For more details, please read the <a href="September PEEHIP Advisor">September PEEHIP Advisor</a>.

**Statement of Nondiscrimination:** PEEHIP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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