

www.rsa-al.gov • email: peehipinfo@rsa-al.gov • Ph: 877.517.0020

October 17, 2018

New! Expanded Flex Debit Card

- PEEHIP members enrolled in the Health Flexible Spending Account (FSA) are now able to swipe their FSA debit card for qualified medical, prescription drug, dental, and vision expenses or copays at the time of service or purchase. Members will no longer be required to pay out-of-pocket first for medical expenses and wait for a reimbursement from their Health FSA.
 - ♦ Each member enrolled will receive a debit card from HealthEquity to access their funds.
 - If you already have a HealthEquity Visa debit card, the previous limitation of pharmacy-only use was removed October 1.
 - For validation purposes, please retain copies of any invoices, receipts, and other documents you receive in connection with your FSA card transactions.

Remember Teladoc This Flu Season: Talk To a Doctor. Anytime. Anywhere.

- For members and dependents enrolled in the PEEHIP Hospital Medical Plan Group #14000 administered by BCBS of Alabama, you have access to a doctor 24 hours a day, 7 days a week with Teladoc. Teladoc gives you access to U.S. board-certified doctors through video or phone visits. There is no copay for this service.
 - ♦ <u>Teladoc.com/Alabama</u>
 - ♦ <u>Teladoc.com/mobile</u>
 - ♦ Facebook.com/Teladoc
 - ◊ 855.477.4549



Reminder: Health Coaching Invitations from ActiveHealth

For members covered by BCBS Hospital Medical Plan Group #14000, watch your mailbox for an invitation letter from ActiveHealth. Each October, invitations are mailed to invite members to connect with a health coach or nurse to help them achieve healthier lifestyle habits to prevent or better manage chronic conditions. Your letter will include more information including the specific health coaching activities necessary to complete by August 31, 2019, for earning credit toward the \$50 monthly wellness premium waiver. For more information, please visit ActiveHealth or call 855.294.6580.

Statement of Nondiscrimination: PEEHIP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Multi-Language Interpreter Services: Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios

gratuitos de asistencia lingüística. Llame al 1.877.517.0020 Chinese: 注意:如果您使用繁體中文,您可以免費獲

得語言援助服務。請致電1.877.517.0020