www.rsa-al.gov • email: peehipinfo@rsa-al.gov • Ph: 877.517.0020



May 18, 2016

- <u>Click Here</u> for information regarding the changes to the PEEHIP plan effective October 1, 2016.
- More information will be included in the June PEEHIP Advisor newsletter.
- PEEHIP Advisors can be found online by Clicking Here.



## Are You 100% Complete With the PEEHIP Wellness Program? \*\*Act Now to Earn Your \$50 Monthly Premium Waiver!



Visit <a href="https://www.MyActiveHealth.com/PEEHIP">www.MyActiveHealth.com/PEEHIP</a> and click on "My Required Activities" to verify that you are at 100% Complete as shown below. If your progress wheel does not show 100% Complete, please make sure you complete all of the steps below by August 31, 2016, to make sure you are not charged the \$50 monthly wellness premium beginning October 2016. Visit <a href="https://www.myactiveHealth.com/PEEHIP">PEEHIP's Wellness Program Webpage</a> for more information.



## **Complete These Steps to Earn Your \$50 Monthly Wellness Waiver:**

- 1. Obtain a Wellness Screening between August 1, 2015, and August 31, 2016.
- 2. Complete the **Health Questionnaire (HQ)** between October 1, 2015, and August 31, 2016.
- 3. Participate in **Health Coaching** if you received an invitation letter for this program from ActiveHealth dated October 2015. Visit <a href="https://www.MyActiveHealth.com/PEEHIP">www.MyActiveHealth.com/PEEHIP</a> to view your progress and complete your required activities. You can also call 855.294.6580 to confirm your requirement and complete your Health Coaching.
- 4. If you were invited to participate in the enhanced **Disease Management** program which requires 4 phone calls to complete, then call **855.294.6580** today to move 1 step closer to completing this activity.