



PUBLIC EDUCATION EMPLOYEES' HEALTH INSURANCE PROGRAM

info



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December 20, 2018

Last Call To Claim Your Free Spot In Pack Health!

- ◆ The deadline to sign up and claim your free spot in the Pack Health program is December 31, 2018. With Pack Health, you get personalized one-on-one health advisors as an elite benefit available free for a limited number of PEEHIP members. Although the sign up period ends December 31, if you sign up by that date, then you will have access to this valuable benefit for up to one year from your sign up date. Spots are going fast, so call **855.255.2362** or go online to [Pack Health](#) today!
- ◆ Pack Health will join you along your journey to reaching your best health. Whether your needs are around prediabetes, weight loss, or chronic musculoskeletal pain. All it takes is 15-20 minutes to get started on giving yourself the gift of your healthiest you. So don't let this opportunity pass you by, and kick start your new year's resolutions today!

Get Your Flu Shot Today

- ◆ Getting a flu shot is easy and convenient and is available at: your doctor's office, your local pharmacy, or an Alabama Department of Public Health flu shot clinic. To see a listing of available and upcoming flu shots clinics, visit the [ADPH website](#). For many important flu facts, read the December [PEEHIP Advisor](#).

Flex Filing Deadline Approaching Fast

- ◆ The deadline to file for reimbursement from your 2018 PEEHIP Flexible Spending Accounts (FSA) plan is January 15, 2019. If you were enrolled in the Health FSA or Dependent Care Reimbursement Account (DCRA) between October 1, 2017, and September 30, 2018, there is still time to file for reimbursement of expenses incurred by September 30, 2018. Submit your request [online](#) or mail in a reimbursement form along with supporting documentation to HealthEquity.

Statement of Nondiscrimination: PEEHIP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Multi-Language Interpreter Services: Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.877.517.0020 **Chinese:** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1.877.517.0020

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