



PUBLIC EDUCATION EMPLOYEES' HEALTH INSURANCE PROGRAM

info



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Protecting the Value of Your PEEHIP Benefits

Recent budgetary shortfalls have resulted in the need for PEEHIP to make changes in order to sustain the PEEHIP plan for the remainder of the current year, but there is also significant risk of more shortfalls in the future. See below for more information on how you can help reduce spending by making wise decisions which will help reduce the need for increased premiums, copays, and deductibles.

- ◆ Read the [January PEEHIP Advisor](#) article "What Can You Do to Help Protect the Value of Your PEEHIP Benefits?" for ways you can help protect the value of your PEEHIP benefits.
- ◆ Read the [April PEEHIP Advisor](#) article "Prescription Drugs: How You Can help Protect Your Benefits and Premiums" for even more useful information to help reduce plan spending and your out-of-pocket costs.



WELLNESS PROGRAM REMINDER

The August 31, 2016, deadline to complete your and your covered spouse's required activities for the PEEHIP **Team Up for Health** Wellness Program is fast approaching, so please visit www.MyActiveHealth.com/PEEHIP today to check your progress and **complete your required activities so that you are not charged the \$50 monthly wellness premium** starting October 2016! Visit [PEEHIP's Wellness Program webpage](#) for more information.

To make sure you earn the \$50 Wellness Premium Waiver again for the October 2016 Plan Year:

- ◆ Obtain a **Wellness Screening** between August 1, 2015, and August 31, 2016
- ◆ Complete the **Health Questionnaire (HQ)** between October 1, 2015 and August 31, 2016
- ◆ Participate in **Health Coaching** if you received an invitation letter for this program from ActiveHealth dated October 2015. Visit www.myactivehealth.com/PEEHIP to view your progress and complete your required activities. You can also call **1-855-294-6580** to confirm your requirement and complete your Health Coaching.
- ◆ Did you receive an invitation to participate in the Enhanced Disease Management Program which requires 4 phones to complete? There is still time to complete this requirement which has great potential to improve your health! **Call 1-855-294-6580 today** to confirm your requirement and complete your Health Coaching.