



Team Up for Health

PEEHIP has teamed up with the Alabama Department of Public Health (ADPH) to provide free wellness screenings to eligible members and their covered spouses. PEEHIP has also teamed up with ActiveHealth to provide the Health Questionnaire and Coaching for Wellness and Disease Management.

The Wellness Screening and Health Questionnaire are two activities that must be completed by all members who are required to participate in PEEHIP's *Team Up for Health* Wellness Program. The coaching requirement is only applicable to a subset of the members required to participate in *Team Up for Health*.

The deadline of May 31, 2015, is approaching to complete your wellness activity requirements to earn the waiver of the new \$50 monthly wellness premium. If you choose not to participate or you fail to complete your required activities, you will begin paying the wellness premium in October 2015. (See the **"Who is Required to Participate"** guidelines on page 3.)

Wellness Screenings

Visit the ADPH online calendar at www.adph.org/worksitewellness to find out when and where screenings will be offered in your area.

- ◆ Bring your PEEHIP ID card with you as proof of eligibility for the free annual screening.
- ◆ Or if you prefer, you can obtain your screening through your annual preventive office visit with your personal physician using the PEEHIP Healthcare Provider Screening form downloadable from the PEEHIP website at www.rsa-al.gov. Your healthcare provider must fax or mail the completed form to ADPH at the fax number or mailing address shown on the form.

Common Mistakes

The ADPH has noted some common mistakes related to the Healthcare Provider Screening form. These mistakes will

cause your screening form to reject for processing by ADPH and you may not get credit for completing the screening requirement you obtained through your healthcare provider.

To avoid rejection of your Healthcare Provider Screening Form, follow these ADPH submission guidelines:

- ◆ ALL fields in each section (except WAIST) must be completed or the form will not be accepted.*
- ◆ Always use your legal first name (for example: If your legal first is "Thomas", do not use "Tommy" as your first name even though that may be what everyone calls you).
- ◆ Forms should not be faxed to ADPH multiple times as this causes duplicates.
- ◆ Only one screening form should be faxed at a time. Failure to do so causes a delay in processing the forms.
- ◆ Legibly complete physician/CRNP name and contact information.
- ◆ Do not include a cover sheet or other documents – just the completed form.

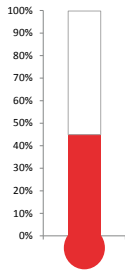
*Forms are consistently being sent in minus the screening date, contract number, and Social Security number. This causes a delay in processing the form because the missing information has to be looked up and added to the document.

Other common screening issues

If you need to know whether you have been through an ADPH screening since August 2014, call ADPH toll free at 800.252.1818 to find out. **Do NOT go through the ADPH screening more than once in a 12-month period. Only ONE FREE ADPH wellness screening is allowed every 12 months.** If you do not have your PEEHIP insurance card the day of the screening at your school, call ADPH at 800.252.1818 for your contract number.

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Team Up for Health Wellness Screening Progress



Over 67,000 required screenings completed!

Top 10 PEEHIP Employers for Wellness Screening Completion

Employer	Required Membership Screening %
Council for Leaders in Alabama Schools	100%
School Superintendents of Alabama	100%
Geneva City	87%
Thomasville City	86%
Linden City	86%
Tuscumbia City	85%
Florence City	85%
Boaz City	83%
Colbert County	81%
Brewton City	81%

Health Questionnaire (HQ) and Coaching for Wellness or Disease Management

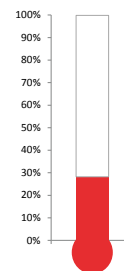
- ◆ Log in to www.MyActiveHealth.com/PEEHIP with your self-selected user ID and password to take the HQ online using your computer, smart phone or tablet. You can also earn 100 heartbeats of online Health Coaching.
- ◆ If you do not have access to the Internet, you can call ActiveHealth toll-free at 855.294.6580 to complete your HQ over the phone or to talk with a wellness or nurse coach to complete your coaching requirement over the phone.

Updates to the MyActiveHealth online portal are coming in early March. PEEHIP and ActiveHealth are continuously listening to member feedback and making strides to deliver an online experience that is both easy to understand and easy to navigate.

March updates will include:

- ◆ Compatibility with Google Chrome (version 39 and greater).
- ◆ A new and improved “My Wellness Rewards and My Required Activities” page that provides:
 - ◇ A user friendly display of all of your required activities on one page so that you see exactly what you need to do. If you are required for coaching, you will see all three required activity cards: the HQ card, the Wellness Screening card, and the Coaching card. The ribbon on each card will display your completion status. If you are **NOT** required for coaching, you will not see the Coaching card and will only see two required activity cards.
 - ◇ A new Completion meter so that you can easily see your completion status of your required activities. If your completion meter shows 100%, you know you have completed all of your required activities and will earn the waiver of the upcoming \$50 wellness premium.

Health Questionnaire Progress

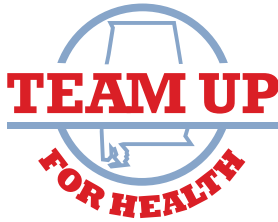


Over 41,000 HQs completed!

Top 10 PEEHIP Employers for HQ Completion

Employer	Required Membership HQ %
School Superintendents of Alabama	100%
Pike Road City	100%
Florence City	58%
Boaz City	58%
Auburn City	57%
Opp City	56%
Cullman Co. Commission on Education	56%
Tuscumbia City	56%
Arab County	54%
Opelika City	53%

Who is Required to Participate in



You are required if you are enrolled in PEEHIP's BCBS hospital medical group #14000 plan AND you are:

- ◆ An employee currently employed by a PEEHIP participating system.
 - ◇ Your covered spouse is **also** required regardless of Medicare eligibility.
- ◆ A retired employee who is **not** Medicare eligible.
 - ◇ Your covered spouse who is **not** Medicare eligible is also required.
- ◆ On COBRA or on a Leave of Absence.
- ◆ A Surviving Spouse and **not** Medicare eligible.

If you do not meet the requirements above, you are not required to participate or have a wellness screening or complete any other wellness program requirements. You will not be subject to the new \$50 wellness premium.

You are **NOT** required to participate if you are:

- ◆ A child or an adult child dependent.
- ◆ A PEEHIP subscriber who is **only** enrolled in the optional plans (dental, vision, cancer and/or indemnity) or the VIVA Health Plan and **not** enrolled in PEEHIP's group #14000 plan.
 - ◇ Your covered spouse is **not** required to participate either.
- ◆ A retired employee who is **Medicare eligible** and enrolled in PEEHIP's group #14000 plan.
 - ◇ Your covered spouse who is **Medicare eligible** is not required to participate either.
 - ◇ Your covered spouse who is **NOT** Medicare eligible **IS** required to participate. ●

How Secure is My Health Information with ActiveHealth?

Obtaining the highest level of privacy and security was an absolute requirement when PEEHIP selected a partner to deliver health and wellness services for our membership. ActiveHealth ensures the utmost level of data safety to protect our members' health information as required under the stringent HIPAA laws.

PEEHIP's own HIPAA Notice of Privacy Practice describes how medical information may be used and disclosed to carry out payment and health care operations, such as the operations involved in the *Team Up for Health* Wellness Program. This means that ActiveHealth will **NOT** share member's private health information with any employer or outside person who is not directly involved in the Wellness Program.

To view PEEHIP's HIPAA Privacy Notice in its entirety, visit www.rsa-al.gov/index.php/members/peehip/benefits-policies and click HIPAA/PEEHIP Privacy Statement. ●

Be aware that PEEHIP and its wellness partner, ActiveHealth, will never ask for credit card information over the phone. If you receive a call from someone saying they represent PEEHIP or ActiveHealth and they ask for credit card information, **DO NOT GIVE IT TO THEM.** Please contact PEEHIP immediately at 877.517.0020 and let us know if you have received a call asking for credit card information.

Did You Know? PEEHIP began covering contraceptives for birth control purposes beginning October 1, 2012, as a result of the Affordable Care Act's mandate to expand coverage for additional preventive care services for women. No member copay can be charged for generic contraceptives or brand devices that do not have a generic alternative. The cost to PEEHIP as of September 2014 is \$7.8 Million. This federal mandate came with no federal funding to cover the cost to PEEHIP for providing this benefit. ●

PEEHIP and Same-Sex Marriage

As required by federal law, PEEHIP now treats same-sex spouses in the same manner as opposite-sex spouses. Starting on February 9, 2015, PEEHIP allows members to add their same-sex spouses or other eligible dependents arising from same-sex marriages on their PEEHIP contract for purposes of coverage under the plan.

Consistent with PEEHIP's policies for IRS qualifying life events concerning opposite-sex spouses, a member who marries a same-sex spouse **on or after** February 9, 2015, will have **45 days from the marriage date** in which to add their spouse to their PEEHIP coverage; otherwise, the member will have to wait until PEEHIP's Open Enrollment period (July 1, 2015 – August 31, 2015) to add their spouse for an October 1, 2015, effective date of coverage.

For members who married a same-sex spouse **prior to** February 9, 2015, PEEHIP recognizes the marriage **as of February 9, 2015, and will allow 45 days from that date** for those members to add their same-sex spouse to their PEEHIP coverage, outside of Open Enrollment.

Please note that, as with opposite-sex couples, same-sex couples must provide PEEHIP with appropriate documentation to demonstrate their marriage status. See the PEEHIP Member Handbook at www.rsa-al.gov/index.php/members/peehip/pubs-forms for further information

about the required eligibility documents.

Below are the instructions for adding a same-sex spouse or other eligible dependent(s) arising from a same-sex marriage to PEEHIP coverage.

- ◆ For legal marriages of same-sex spouses that occurred **prior to February 9, 2015**
 - ◇ Coverage for an existing spouse can be added online through Member Online Services at <https://mso.rsa-al.gov>. When you are completing your online enrollment request you must use **February 9, 2015, as the date of your Qualifying Life Event** and your effective date of marriage. Your online request must be submitted to PEEHIP by midnight on March 25, 2015.
 - ◇ Or you can complete the NEW ENROLLMENT AND STATUS CHANGE form and submit it to PEEHIP. You can mail the completed form to PEEHIP at P.O. Box 302150, Montgomery, AL 36130-2150; or fax it to PEEHIP toll-free at 877.517.0021; or scan and email it to PEEHIP Info at Peehip.Info@rsa-al.gov.
 - ◇ **You must complete your online or paper request within 45 days of your marriage date.** The effective date of coverage options for the spouse are the date of marriage or the first day of the month following the date of marriage.
- ◆ For legal marriages of same-sex spouses that occurred **on or after February 9, 2015**
 - ◇ Coverage for a new spouse can be added **online** through Member Online Services at <https://mso.rsa-al.gov>.
 - ◇ Or you can complete the NEW ENROLLMENT AND STATUS CHANGE form and submit it to PEEHIP. You can mail the completed form to PEEHIP at P.O. Box 302150, Montgomery, AL 36130-2150; or fax it to PEEHIP toll-free at 877.517.0021; or scan and email it to PEEHIP Info at Peehip.Info@rsa-al.gov.
 - ◇ **You must complete your online or paper request within 45 days of February 9, 2015.** The effective date of coverage options for the spouse are February 9, 2015, or March 1, 2015.

If you have any questions, please contact PEEHIP toll-free at 877.517.0020. ●