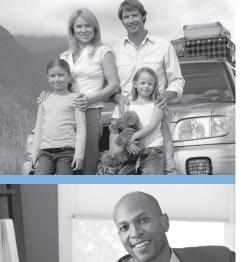
We cover what matters.



BlueCard®PPO Plan Benefits



Public Education Employees' Health Insurance Plan (PEEHIP)

Group 14000 BlueCard® PPO

Effective October 1, 2022-September 30, 2023

Visit our website at AlabamaBlue.com



Public Education Employees' Health Insurance Plan (PEEHIP) BlueCard® PPO

BENEFIT Renefit payments are based on the amount		
Renefit navments are based on the amount	IN-NETWORK	OUT-OF-NETWORK
benefits. The allowed amount	of the provider's charge that Blue Cross and/or may vary depending upon the type provider an	d where services are received.
SUMMARY OF COST SHARING PROVISIONS		
	of-pocket maximums will be calculated in acco	rdance with applicable Federal law.
Calendar Year Deductible for Major Medical Services	\$300 individual; \$900 family maximum	
Calendar Year Out-of-Pocket Maximums	Major Medical Maximums: \$400 individual annual major medical out-of-pocket maximum (no family maximum) plus the \$300 calendar year deductible.	
	In-network Other Covered Services are the open major medical out-of-pocket maximum Physical Therapy, DME, Occupational Hand Ther Treatment, Infertility Services, Preferred Home He	(includes Participating Chiropractor Services, apy, Speech Therapy, Allergy Testing and
	Overall Maximums: \$8,700 individual; \$17 out-of-pocket maximum for 2022 and \$9,100 calendar year overall out-of-pocket maximum	individual; \$18,200 family contract
	All deductibles, copays and coinsurance for year overall out-of-pocket maximum, including	
	After you reach your individual Calendar Year covered under family coverage), applicable of the allowed amount for the remainder of the	expenses for you will be covered at 100%
INPA	FIENT FACILITY AND PHYSICIAN BEN	FEITS
Inpatient Hospital* (including maternity) Note: Maternity benefits are not available to	crgencies. Generally, if precertification is not ob 354-7412 for precertification. Covered at 100% of the allowed amount for semi-private room and board; intensive care units, general nursing services and	Covered at 80% of the allowed amount for semi-private room and board; intensive care units, general nursing services and
dependent children of any age.	usual hospital ancillaries after a \$200 per	i care unus meneral nursino services ano
	admission deductible and a \$25 per day copay for days 2-5	usual hospital ancillaries after a \$200 per admission deductible and a \$25 per day copay for days 2-5
	admission deductible and a \$25 per day	usual hospital ancillaries after a \$200 per admission deductible and a \$25 per day
	admission deductible and a \$25 per day copay for days 2-5 *Coverage for Bariatric Surgery available only at Alabama Blue Distinction Centers®. More information is available at https://www.bcbs.com/blue-distinction-	usual hospital ancillaries after a \$200 per admission deductible and a \$25 per day copay for days 2-5 Note: In Alabama, in-patient benefits available only for medical emergency services and
AlabamaBlue.com/ProviderAdministeredPre questions, please call 1-8 AlabamaBlue.com/Providers/HealthSmartRx.	admission deductible and a \$25 per day copay for days 2-5 *Coverage for Bariatric Surgery available only at Alabama Blue Distinction Centers®. More information is available at https://www.bcbs.com/blue-distinction-center/facility OUTPATIENT FACILITY BENEFITS for some outpatient hospital benefits and provide certificationDrugList. Certain medications require 33-798-6733. Additional information and the application of the procedure of the proce	usual hospital ancillaries after a \$200 per admission deductible and a \$25 per day copay for days 2-5 Note: In Alabama, in-patient benefits available only for medical emergency services and accidental injury der-administered drugs; visit e enrollment in the HealthSmartRx program. For able drug list is available at on is not obtained, no benefits are available.
AlabamaBlue.com/ProviderAdministeredPre questions, please call 1-8: AlabamaBlue.com/Providers/HealthSmartRx. Select procedures that require precertification spinal fusion, surgery for obstruct	admission deductible and a \$25 per day copay for days 2-5 *Coverage for Bariatric Surgery available only at Alabama Blue Distinction Centers®. More information is available at https://www.bcbs.com/blue-distinction-center/facility OUTPATIENT FACILITY BENEFITS for some outpatient hospital benefits and provide certificationDrugList. Certain medications require 33-798-6733. Additional information and the application production in the see your benefit booklet. If precertificationly but are not limited to implantable bone con ive sleep apnea, reduction mammoplasty, rhinopla	usual hospital ancillaries after a \$200 per admission deductible and a \$25 per day copay for days 2-5 Note: In Alabama, in-patient benefits available only for medical emergency services and accidental injury der-administered drugs; visit e enrollment in the HealthSmartRx program. For able drug list is available at on is not obtained, no benefits are available. duction hearing aids, knee arthroplasty, lumbar sty and surgery for varicose veins.
AlabamaBlue.com/ProviderAdministeredPre questions, please call 1-8: AlabamaBlue.com/Providers/HealthSmartRx. Select procedures that require precertification	admission deductible and a \$25 per day copay for days 2-5 *Coverage for Bariatric Surgery available only at Alabama Blue Distinction Centers®. More information is available at https://www.bcbs.com/blue-distinction-center/facility OUTPATIENT FACILITY BENEFITS for some outpatient hospital benefits and provide certificationDrugList. Certain medications require 33-798-6733. Additional information and the application of the process	usual hospital ancillaries after a \$200 per admission deductible and a \$25 per day copay for days 2-5 Note: In Alabama, in-patient benefits available only for medical emergency services and accidental injury der-administered drugs; visit e enrollment in the HealthSmartRx program. For able drug list is available at on is not obtained, no benefits are available. duction hearing aids, knee arthroplasty, lumbar
AlabamaBlue.com/ProviderAdministeredPre questions, please call 1-8: AlabamaBlue.com/Providers/HealthSmartRx. Select procedures that require precertification spinal fusion, surgery for obstruct Outpatient Surgery* (Including	admission deductible and a \$25 per day copay for days 2-5 *Coverage for Bariatric Surgery available only at Alabama Blue Distinction Centers®. More information is available at https://www.bcbs.com/blue-distinction-center/facility OUTPATIENT FACILITY BENEFITS for some outpatient hospital benefits and provide certificationDrugList. Certain medications require 33-798-6733. Additional information and the application production but are not limited to implantable bone con ive sleep apnea, reduction mammoplasty, rhinoplated Covered at 100% of the allowed amount	usual hospital ancillaries after a \$200 per admission deductible and a \$25 per day copay for days 2-5 Note: In Alabama, in-patient benefits available only for medical emergency services and accidental injury der-administered drugs; visit e enrollment in the HealthSmartRx program. For able drug list is available at on is not obtained, no benefits are available. duction hearing aids, knee arthroplasty, lumbar sty and surgery for varicose veins. Covered at 80% of the allowed amount

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Emergency Room (Medical Emergency) (In-Area/Out-of-Area) Facility Charge	Covered at 100% of the allowed amount after \$150 facility copay for true medical emergencies.	Covered at 100% of the allowed amount after \$150 facility copay for true medical emergencies.
	If the diagnosis does not meet medical emergency criteria, covered at 80% of the allowed amount subject to the calendar year deductible.	If the diagnosis does not meet medical emergency criteria, covered at 80% of the allowed amount subject to the calendar year deductible.
Emergency Room (Accidental Injury) (In-Area/Out-of-Area) Facility Charge	Covered at 100% of the allowed amount after \$150 facility copay	Covered at 100% of the allowed amount after \$150 facility copay
Note: If you have a medical emergency as defined by the plan after 72 hours of an accident, refer to (Medical Emergency) above.		
Outpatient Diagnostic Lab & Pathology Genetic laboratory testing requires precertification. For precertification, call 1-800- 248-2342. Certain testing may require precertification to be payable under the plan.	Covered at 100% of the allowed amount after \$5 copay per test	Covered at 80% of the allowed amount subject to the calendar year deductible; In Alabama, out-of-network facilities not covered
Chemotherapy, Dialysis, IV Therapy & Radiation Therapy Radiation therapy management services requires precertification. For precertification, call 1-866-803-8002. If precertification is not obtained, no benefits will be payable under the plan for the services.	Covered at 100% of the allowed amount after \$25 facility copay	Covered at 80% of the allowed amount subject to the calendar year deductible In Alabama, out-of-network facilities, not covered
Outpatient Diagnostic X-ray	Covered at 100% of the allowed amount; no copay or deductible	Covered at 80% of the allowed amount subject to the calendar year deductible In Alabama, out-of-network facilities, not covered
Advanced Imaging (i.e., MRA, MRI, PET, CT and CTA) Precertification required-If precertification is not obtained, no benefits will be payable under the plan for the services. For precertification, call 1-866-803-8002.	Covered at 100% of the allowed amount; no copay or deductible	Covered Covered at 80% of the allowed amount subject to the calendar year deductible In Alabama, out-of-network facilities, not covered
	PHYSICIAN BENEFITS	
Precertification is required for some physician benefits and provider-administered drugs; visit AlabamaBlue.com/ProviderAdministeredPrecertificationDrugList. Certain medications require enrollment in the HealthSmartRx program. For questions, please call 1-833-798-6733. Additional information and the applicable drug list is available at Alabamablue.com/Providers/HealthSmartRx. Please see your benefit booklet. If precertification is not obtained, no benefits are available. Select procedures that require precertification include but are not limited to implantable bone conduction hearing aids, knee arthroplasty, lumbar spinal fusion, surgery for obstructive sleep apnea, reduction mammoplasty, rhinoplasty and surgery for varicose veins.		
Inpatient Physician Visits and Consultations*	Covered at 100% of the allowed amount; no copay or deductible *Coverage for Bariatric Surgery available only at Alabama Blue Distinction Centers®. More information is available at https://www.bcbs.com/blue-distinction-center/facility	Covered at 80% of the allowed amount subject to calendar year deductible
Office Visits and In-Person Consultations-Primary Care Physician	Covered at 100% of the allowed amount after a \$30 office visit copay	Covered at 80% of the allowed amount subject to the calendar year deductible
(Includes Urgent Care, Internal Medicine, Family Practice, General Practice, Physician Assistant, Clinic, Gynecology, Obstetrics, Certified Nurse Practitioner, Midwives, and Pediatrician)		
Office Visits and In-Person Consultations-Specialist	Covered at 100% of the allowed amount after a \$35 office visit copay	Covered at 80% of the allowed amount subject to the calendar year deductible

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Telephone and Online Video Physician	Covered at 100% of the allowed amount;	Group 14000 members have access to
Consultations Program A service, through Teladoc™ to diagnose, treat	no copay or deductible	Teladoc [®] nationwide. Teleconsultation providers other than Teladoc [®] are not covered
and prescribe medication (when necessary) for certain medical issues. To enroll, go to Teladoc.com/Alabama or call 1-855-477-4549		
Emergency Room (Physician)	Covered at 100% of the allowed amount after \$35 physician copay	Covered at 100% of the allowed amount after \$35 physician copay
Outpatient Surgery & Anesthesia	Covered at 100% of the allowed amount; no copay or deductible	Covered at 80% of the allowed amount subject to calendar year deductible
Second Surgical Opinions	Covered at 100% of the allowed amount; no copay or deductible	Covered at 80% of the allowed amount subject to the calendar year deductible
Diagnostic Lab & Pathology Genetic laboratory testing requires precertification. For precertification, call 1-800- 248-2342. Certain testing may require precertification to be payable under the plan.	Covered at 100% of the allowed amount after a \$5 copay per test	Covered at 80% of the allowed amount subject to the calendar year deductible
Chemotherapy, Dialysis, IV Therapy, Radiation Therapy & X-ray Radiation therapy management services requires precertification. For precertification, call 1-866-803-8002. If precertification is not obtained, no benefits will be payable under the plan for the services.	Covered at 100% of the allowed amount; no copay or deductible	Covered at 80% of the allowed amount subject to the calendar year deductible
Advanced Imaging (i.e., MRA, MRI, PET, CT and CTA) Precertification required-if precertification is not obtained, no benefits will be payable under the plan for the services. For precertification, call 1-866-803-8002 (toll free).	Covered at 100% of the allowed amount; no copay or deductible	Covered at 80% of the allowed amount subject to the calendar year deductible
Maternity Care	Covered at 100% of the allowed amount; no copay or deductible	Covered at 80% of the allowed amount subject to the calendar year deductible
	TELEHEALTH SERVICES	
	es subject to applicable cost-sharing for in-ne	
services rendered are performed within the	scope of the health care providers license a PREVENTIVE CARE BENEFITS	nd deemed medically necessary.
Routine Immunizations and Preventive	Covered at 100% of the allowed amount;	Not Covered
Services See AlabamaBlue.com/	no copay or deductible. In addition to the standard the following are covered:	
PreventiveServices for listing of	Urinalysis (once by age 5 and once	
immunizations and preventive	between ages 12 through 17)	
services or call our Customer Service Department for a printed	CBC (once each calendar year)	
сору.	Cholesterol Screening (once per calendar year for members age 18 and older)	
	Glucose Screening (once per calendar year for member age 18 and older)	
MENTAL HEAL	TH DISORDERS AND SUBSTANCE A	BUSE BENEFITS
Inpatient Facility Services	Covered at 100% of the allowed amount	Covered at 100% of the allowed amount
, ,	subject to the following copays: No charge for days 1-9; \$15 per day for days 10-14; \$20 per day for days 15-19; \$25 per day for days 20-24; \$30 per day for days 25-30. No lifetime admission maximum. Mental Health – No inpatient day limit per plan year. Substance Abuse – 30-day inpatient limit per plan year; no lifetime admission	subject to a \$200 per admission copayment and a \$25 per day copay for days 2-5. Provides coverage only for short-term crisis intervention and only until the patient is stable enough to be moved to a PPO hospital. Precertification is required.
	maximum. Mental health inpatient days do not aggregate with substance abuse days. Precertification required.	

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Inpatient Physician Services	Covered at 100% of the allowed amount subject to a \$0 copay. Mental Health – No inpatient day limit on coverage availability during a covered admission. Substance Abuse – Coverage available only during a covered admission up to 30 days per plan year.	Covered at 80% of the allowed amount, subject to the calendar year deductible. Provides coverage only for short-term crisis intervention and only until the patient is stable enough to be moved to a PPO hospital. Precertification is required.
Outpatient Facility Services	Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) covered at 100% of the allowed amount subject to \$150 copay per treatment episode. Precertification required.	Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) covered at 100% of the allowed amount subject to \$150 copay per treatment episode. Precertification required.
Outpatient Physician Services at PEEHIP Certified Community Mental Health Centers	Covered at 100% of the allowed amount subject to a \$10 copay per visit. Limited to 20 visits per member each plan year. Maximum visits are combined for mental and substance abuse.	Not applicable. All PEEHIP Certified Community Mental Health Centers are innetwork.
Outpatient Physician Services for Blue Choice Behavioral Network Providers	Covered at 100% of the allowed amount, subject to a \$15 copay per visit. Limited to 24 visits per member each plan year for in-network; deductible does not apply and no balance billing when using a Blue Choice Behavioral Network provider. Maximum visits are combined for mental and substance abuse. Additional visits covered if deemed clinically appropriate. For a list of in-network Blue Choice Behavioral Health Network providers, see AlabamaBlue.com.	Covered at 50% of the allowed amount, subject to the calendar year deductible; limited to a maximum of 10 visits per member per plan year for out-of-network. Maximum visits are combined for mental and substance abuse.
Residential Treatment Facilities Required precertification and approval through case management (NDBH)	Covered at 100% of the allowed amount after \$20 copay per day	Not covered

PRESCRIPTION DRUG BENEFITS (PRESCRIPTION DRUG BENEFITS PROVIDED THROUGH EXPRESS SCRIPTS)

Prior Authorization, Step Therapy and/or Quantity Limits may apply for some drugs. Up to a 30-day supply 31-60 day supply 61-90 day supply Tier 1 - Generic Drugs \$6 \$12 \$12 Tier 2 - Preferred Brand Drugs \$40 \$80 \$120 Tier 3 - Non-preferred Brand Drugs \$60 \$120 \$180 Specialty Drugs Days supplies greater 20% coinsurance per Days supplies greater prescription, with a than 30 are not allowed than 30 are not allowed minimum of \$100 copay for specialty drugs for specialty drugs and maximum of \$150 copay

Generic Law: Pharmacists must dispense a generic equivalent medication when one is available unless the physician indicates in longhand writing on the prescription, indicates by mark or signature in the appropriate place on the prescription, or indicates in an electronic prescription the following: "medically necessary" "dispense as written," or "do not substitute." The generic equivalent drug product dispensed shall be pharmaceutically and therapeutically equivalent, contain the same active ingredient or ingredients, and shall be of the same dosage form and strength.

Maintenance Drugs: To obtain a supply greater than 30 days, the drug must be on PEEHIP's Maintenance Drug List and must be prescribed for up to a 90-day supply. The first fill of a maintenance drug will be up to a 30-day supply. Subsequent fills can be obtained up to a 90--day supply.

Dispense as Written (DAW) Cost Differential: Members will be subject to the difference between the cost of the brand drug and its generic equivalent, regardless of whether the physician indicates the brand must be taken.

Diabetic Supplies: Certain diabetic supplies are covered only through the pharmacy drug plan. Some examples include needles and syringes for insulin, glucometers and lancets.

Certain prescription drugs are excluded from PEEHIP coverage. Mail order for Retail drugs is excluded. To verify the drug formulary coverage status of a medication, please visit the Express Scripts website at express-scripts.com.

DENECIT	IN NETWORK	OUT OF NETWORK
BENEFIT	IN-NETWORK tate and out-of-state): Members must pay	OUT-OF-NETWORK
	s to be reimbursed at the participating ph	
	ent programs will apply. Out-of-pocket co	
participating pharmacy.		
contraceptives: Generic contraceptive (applicable brand copay.	drugs are covered at a zero copay. Brand	contraceptives are covered at the
аррисавіе віана сораў.		
Flu vaccines: Eligible flu vaccines are c	overed at a zero copay when administered	d by a participating pharmacy.
	y when administered by a participating pl	
	grams: Copays for certain specialty med	
	-funded copay assistance programs. PEE	
normally be less than the otherwise app	tance programs for certain specialty drug licable copayment.	s so that the member copayment will
normany so rose than the entermos upp		
	ns for infertility treatment are provided wit	
	ontract. Members will pay 100% of the co	ost of the medications after the \$2,500
lifetime maximum is reached.		
BEN	IEFITS FOR OTHER COVERED SERVI	CES
	er covered services and provider-administered	
	ertification is not obtained, no benefits are avai	ilable.
Allergy Testing & Treatment	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
Ambulanas Camina	subject to the calendar year deductible	subject to the calendar year deductible
Ambulance Service	Covered at 80% of the allowed amount subject to the calendar year deductible	Covered at 80% of the allowed amount subject to the calendar year deductible
Participating Chiropractic Services	Covered at 80% of the allowed amount;	Covered at 80% of the allowed amount
· a.u.o.pag oop.a.u.u cooco	no copay or deductible	subject to the calendar year deductible.
	Note: In Álabama, more than 18 visits in a calendar year rendered by a Participating	Limited to 12 visits in a calendar year.
	Chiropractor require precertification.	
Durable Medical Equipment (DME)	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
Precertification is required for certain durable	subject to the calendar year deductible.	subject to the calendar year deductible.
medical equipment (i.e., motorized/power wheelchairs). Medically necessary insulin		
pumps and cartridges are covered. Medically		
necessary diabetic supplies (syringes, needles		
for insulin, glucometers and lancets) are covered under the medical plan benefit when		
Medicare is primary.		
Physical Therapy	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
Physical therapy will require precertification after 15 visits to determine medical necessity	subject to the calendar year deductible.	subject to the calendar year deductible.
for continued therapy. Visits will accumulate	Note: Full benefits and unlimited visits for the	Note: Full benefits and unlimited visits for the
regardless of provider. Call 1-800-248-2342	treatment of autism for children aged 0-18 diagnosed with an autism spectrum disorder.	treatment of autism for children aged 0-18 diagnosed with an autism spectrum disorder.
	Precertification is required and must be	Precertification is required and must be
Occupational Thomas	included in the ABA treatment plan.	included in the ABA treatment plan.
Occupational Therapy Occupational Therapy will require	Covered at 80% of the allowed amount subject to the calendar year deductible.	Covered at 80% of the allowed amount subject to the calendar year deductible.
precertification. Call 1-800-248-2342	august to the outeridal your doddonsio.	dasjoci to the calculati your academic.
	Note: Full benefits and unlimited visits for the	Note: Full benefits and unlimited visits for the
	treatment of autism for children aged 0-18 diagnosed with an autism spectrum disorder.	treatment of autism for children aged 0-18 diagnosed with an autism spectrum disorder.
	Precertification is required and must be	Precertification is required and must be
Speech Therapy	included in the ABA treatment plan. Covered at 80% of the allowed amount	included in the ABA treatment plan. Covered at 80% of the allowed amount
- Change I Harabi	subject to the calendar year deductible.	subject to the calendar year deductible.
	Limited to 30 sessions per person per	Limited to 30 sessions per person per
	calendar year combined in and out-of-	calendar year combined in and out-of-
	network.	network.
	Note: Full benefits and unlimited visits for the	Note: Full benefits and unlimited visits for the
	treatment of autism for children aged 0-18 diagnosed with an autism spectrum disorder.	treatment of autism for children aged 0-18 diagnosed with an autism spectrum disorder.
	Precertification is required and must be	Precertification is required and must be
	included in the ABA treatment plan.	included in the ABA treatment plan.

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Applied Behavioral Analysis (ABA) Therapy for children aged 0-18 diagnosed with an Autism Spectrum Disorders	Covered at 100% of the allowed amount subject to a \$15 copay per visit and the following annual maximum benefits:	Covered at 100% of the allowed amount subject to a \$15 copay per visit and the following annual maximum benefits:
Annual dollar maximums are combined for both in and out-of-network	Age Annual Maximum	Age Annual Maximum
	0 to 9 \$40,000	0 to 9 \$40,000
	10 to 13 \$30,000	10 to 13 \$30,000
	14 to 18 \$20,000	14 to 18 \$20,000
	<u>Preauthorization</u> is required prior to rendering ABA therapy to determine the medical necessity. <u>Preauthorization</u> is also required every six months thereafter to determine the medical necessity for continued therapy. If preauthorization is not obtained, coverage for all services associated with subsequent visits will be denied.	<u>Preauthorization</u> is required prior to rendering ABA therapy to determine the medical necessity. <u>Preauthorization</u> is also required every six months thereafter to determine the medical necessity for continued therapy. If preauthorization is not obtained, coverage for all services associated with subsequent visits will be denied.
Preferred Home Health and Hospice	Covered at 100% of the allowed amount; no copay or deductible.	Covered at 80% of the allowed amount subject to the calendar year deductible.
	Precertification required for services rendered outside of Alabama. Call 1-800-248-2342	Precertification required for services rendered outside of Alabama. Call 1-800-248-2342 In Alabama, out-of-network services, not covered
Home Infusion Services	Covered at 100% of the allowed amount; no copay or deductible.	Covered at 80% of the allowed amount subject to the calendar year deductible.
Some Home Infusion medications require enrollment in the HealthSmartRx program. For questions, please call 1-833-798-6733. Additional information and the applicable drug list is available at AlabamaBlue.com/Providers/HealthSmartRx.	no copay of deductible.	In Alabama, out-of-network services, not covered
Infertility Testing and Treatment	Covered at 100% of the allowed amount;	Covered at 80% of the allowed amount
Limited to a lifetime maximum of 8 artificial insemination attempts (whether successful or not). Benefits are not provided for IVF (in-vitro fertilization), ART or GIFT (gamete intrafallopian transfer).	no copay or deductible.	subject to the calendar year deductible.
	HEALTH MANAGEMENT BENEFITS	
Individual Case Management	Coordinates care in event of catastrophic or length call 1-800-821-7231.	hy illness or injury. For more information, please
Chronic Condition Management	Coordinates care for chronic conditions such as a congestive heart failure and chronic obstructive purconditions. For more information, call 1-888-841-	ulmonary disease and other specialized 5741.
Baby Yourself®	A maternity program highly recommended for all p 800-222-4379. You can also enroll online at Alaba waive the in-network and out-of-network inpatient maternity admissions for the delivery of a baby for member must enroll in the program in the first trim day copay will still apply for days 2-5, if applicable	amaBlue.com/BabyYourself. This group will hospital \$200 per admission deductible for members participating in Baby Yourself. The nester and complete the program. The \$25 per
	Your health plan is committed to helping you achie a wellness program are available to all employees standard for a reward under this wellness program same reward by different means. Contact PEEHIF (and, if you wish, with your doctor) to find a wellneyou in light of your health status.	s. If you think you might be unable to meet a n, you might qualify for an opportunity to earn the P at 1-877-517-0020 and they will work with you

Useful Information to Maximize Benefits

- To maximize your benefits, always use in-network providers for services covered by your health benefit plan. To find in-network providers, check a provider directory, provider finder website (AlabamaBlue.com) or call 1-800-810-BLUE (2583).
- In-network hospitals, physicians and other healthcare providers have a contract with a Blue Cross and/or Blue Shield Plan for furnishing healthcare services at a reduced price (examples: BlueCard® PPO, PMD). In-network pharmacies are pharmacies that participate with Blue Cross and Blue Shield of Alabama or its Pharmacy Benefit Manager(s).
- Sometimes an in-network provider may furnish a service to you that is not covered under the contract between the provider and a Blue Cross and/or Blue Shield Plan. When this happens, benefits may be denied or reduced. Please refer to your benefit booklet for the type of provider network that we determine to be an in-network provider for a particular service or supply.
- Out-of-network providers generally do not contract with Blue Cross and/or Blue Shield Plans. If you use out-of-network providers, you may be
 responsible for filing your own claims and paying the difference between the provider's charge and the allowed amount. The allowed amount may
 be based on the negotiated rate payable to in-network providers in the same area, the average charge for care in the area, or as required by
 applicable Federal Law.
- Please be aware that providers/specialists may be listed in a PPO directory or provider finder website, but not covered under this benefit plan.
 Please check your benefit booklet for more detailed coverage information.

Please note: Providers/Specialists may be listed in a PPO directory or on the provider finder website (www.bcbs.com), but not covered as PPO benefits by this group health plan (i.e., DME, Ambulance, Allergists). Please check your benefit matrix or benefit booklet to determine coverage. This is not a contract, benefit booklet or Summary Plan Description. Benefits are subject to the terms, limitations and conditions of the group contract. Check your benefit booklet for more detailed coverage information.

PEEHIP members who use non-participating hospitals, providers or outpatient facilities will incur additional out-of-pocket costs.

<u>To maximize your benefits, always use network providers.</u>

<u>Teladoc® Health is an independent company that Blue Cross and Blue Shield of Alabama has contracted with to provide you with teleconsultation services. Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.</u>

If you have any questions concerning your PEEHIP hospital / medical benefits or a claim, call 1-800-327-3994.

To certify emergency or maternity admission, call 1-800-354-7412.

To certify home health and hospice services, call 1-800-821-7231.

To take advantage of the Baby Yourself® program, call 1-800-222-4379.

Visit our website at <u>AlabamaBlue.com/peehip</u>
For questions concerning prescription drugs, call Express Scripts at 1-800-363-9389 or visit <u>express-scripts.com</u>.

Group 14000 Revised 11/21/2022