

Welcome PEEHIP Retirees to UnitedHealthcare®

The information below pertains to Medicare-eligible PEEHIP retirees or Medicare-eligible dependents of PEEHIP retirees. For more information, visit rsa-al.gov/peehip/retirees/.



As a reminder and resulting from the most recent competitive professional service procurement cycle, effective January 1, 2023, UnitedHealthcare® will administer the Group Medicare Advantage (PPO) Plan. This means UnitedHealthcare® will offer both health and prescription drug coverage for all PEEHIP Medicare-eligible retirees and Medicare-eligible dependents. PEEHIP is pleased to partner with UnitedHealthcare® to deliver this outstanding level of quality benefits in which UnitedHealthcare® is committed to providing all the information, tools, resources, and coverage to ensure PEEHIP members receive outstanding healthcare.

If you were previously covered in PEEHIP’s Group Medicare Advantage (PPO) Plan offered by Humana through December 2022 and did not take action to disenroll, then your transition and enrollment in the plan offered by UnitedHealthcare® was automatic. No action is needed on your part. By now, all eligible members should have received their PEEHIP UnitedHealthcare® ID cards as well as additional information about the plan, including a Plan Guide. Starting now, simply show your new ID card to your doctors and pharmacy to enjoy a seamless transition of benefits.

PEEHIP is confident that the diligent work performed over the past several months to prepare your new plan will enable you to continue receiving care without issue. If you have any questions or encounter any difficulty whatsoever, please call UnitedHealthcare® at 877.298.2341, TTY 711, or

PEEHIP at 877.517.0020, and we will be happy to assist you. See below to learn more about your new plan benefits, and welcome again to UnitedHealthcare®!

Rewards

Start earning your rewards today

As a UnitedHealthcare® member, you have more ways to earn rewards. You will earn rewards for doing things you probably already do: get your annual wellness visit, get digital communications, get moving, and get rewarded! Report each activity you complete and get rewarded.

There are many ways to spend your rewards, too. With your reloadable Visa® reward card, it is easy to spend your rewards in-store on eligible items like gifts, clothing, or groceries. There are many choices at various retailers in the Visa® network.

Reward Activity	Amount
Get moving by completing physical activity	Up to \$120 (\$10 per month)
Annual physical or wellness visit	\$50
HouseCalls visit	\$15
Provider check-in	\$5
Sign up for paperless delivery of plan documents	\$5
Sign up for text messages from UnitedHealthcare®	\$5

To report your activities, sign in or register on your plan website and select rewards on the right side of your home page.

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You can also call customer service toll-free at 877.298.2341, TTY 711, 8 a.m. – 8 p.m., local time, Monday – Friday.

Get started today – it's easy.

Sign in or register on your plan website at retiree.uhc.com/peehip to learn more about the rewards you can earn.

How to sign up for your online account:

1. Visit retiree.uhc.com/peehip and click on the **Sign in** or register button and then click **Register Now** on the next screen.
2. Enter your first and last name, date of birth, ZIP code, UnitedHealthcare® member ID number, and click **continue**.

3. Create your username and password, enter your email address, and click **create my ID**.
4. For security purposes, you will be asked to verify your account by email, call, or text:

- If by email, follow the instructions in your confirmation email.
- If by call or text, enter the code you receive into the website page.

Make sure to write down your username and password and keep them in a safe place. You will need them each time you sign into your account. ●

Rewards can only be used by members of UnitedHealthcare® Medicare Advantage plans for eligible items at participating merchants and in accordance with applicable Medicare laws. Rewards funds are not redeemable for cash except as required by law. No ATM access. Rewards cannot be used to purchase Medicare-covered items or services, including medical or prescription drug out-of-pocket costs, alcohol, tobacco, or firearms. Rewards must be earned and reported within the time frames specified by the plan. Reward offerings may vary by plan. Reward program terms of service apply.

UnitedHealthcare® Welcome Information Sessions

You are invited to learn more about your UnitedHealthcare® Group Medicare Advantage (PPO) Plan

Join UnitedHealthcare® experts as they answer frequently asked questions, explore covered benefits, and outline how to take advantage of your new plan.

Online meetings will be held on Thursdays throughout January and February:

- **Thursday, January 5**
11:00 a.m.–12:00 p.m., CT
Event number: 2690 466 4804
Event password: Peehip2023!
- **Thursday, January 12**
11:00 a.m.–12:00 p.m., CT
Event number: 2693 618 3267
Event password: Peehip2023!
- **Thursday, January 19**
11:00 a.m.–12:00 p.m., CT
Event number: 2691 786 5663
Event password: Peehip2023!
- **Thursday, January 26**
11:00 a.m.–12:00 p.m., CT
Event number: 2694 663 0830
Event password: Peehip2023!
- **Thursday, February 2**
11:00 a.m.–12:00 p.m., CT

Event number: 2694 902 7924
Event password: Peehip2023!

- **Thursday, February 9**
11:00 a.m.–12:00 p.m., CT
Event number: 2692 733 6917
Event password: Peehip2023!
- **Thursday, February 16**
11:00 a.m.–12:00 p.m., CT
Event number: 2694 156 4175
Event password: Peehip2023!

To join the online meeting:

1. Visit retiree.uhc.com/peehip and click on the **Session Details** link in the banner at the top of the home page.
2. Click on the link for the meeting you want to attend.

3. Enter your name, email address, and event password.
4. Click the **Join Now** button to join the meeting.
5. Follow the instructions that appear on your screen.

To dial in for the online meeting:

1. If you don't have access to the internet, you can call 763.957.6400, TTY 711, to hear the presentation.
2. Follow the instructions that you hear on the phone.

For accommodation of persons with special needs at meetings, call 877.298.2341, TTY 711, 8 a.m. – 8 p.m. local time, Monday – Friday. ●



Now is a great time to get a jump start on taking care of your physical health. One of the best ways to do this is to get a **FREE wellness screening** early in the year. A wellness screening can help to detect and identify unknown health issues you may have that can cause major health problems in the future. In addition, getting a wellness screening will earn your waiver of the \$50 monthly wellness premium.

As a reminder, all members and covered spouses enrolled in the PEEHIP Hospital Medical Plan Group #14000 administered by Blue Cross Blue Shield must get a wellness screening by August 31, 2023, to earn the \$50 monthly wellness premium waiver effective October 1, 2023.

- A free wellness screening can be obtained annually from:
- An Alabama Department of Public Health (ADPH) worksite clinic or county health department. Visit the

ADPH online screening calendar at <https://dph1.adph.state.al.us/publiccal/> to learn when and where screenings will be offered at your workplace or in your area.

- A participating pharmacy. A list of participating pharmacies can be found at rsa-al.gov/peehip/wellness.
- Your primary care physician. You will need to take one additional step to receive the monthly wellness premium waiver - have your doctor complete a HEALTHCARE PROVIDER SCREENING FORM (HPSF) and fax or mail it directly to the ADPH Wellness Program. The HPSF can be found at rsa-al.gov/peehip/forms/. Your status toward earning your monthly wellness premium waiver will be available on your Member Online Services (MOS) log in at <https://mso.rsa-al.gov> under the Wellness Completion Status link. ●

Flex Filing deadline is January 15

There are only a few days left to submit a reimbursement request for funds in your 2022 Health Flexible Spending Account (FSA) and Dependent Care Reimbursement Account (DCRA). All requests for qualifying expenses incurred between October 1, 2021, through September 30, 2022, must be submitted to HealthEquity along with supporting documentation by January 15, 2023. Unused funds contributed to an FSA or DCRA plan cannot be refunded. Per IRS guidelines, PEEHIP will allow active



members to carry over up to \$550 of unused funds in their FSA to use on eligible expenses in the subsequent plan year. However, any funds remaining in the DCRA and in excess of \$550 in the FSA after the deadline will be forfeited. To check the balance on your FSA and DCRA or submit a reimbursement request, go to <https://learn.healthequity.com/peehip> or download the HealthEquity mobile app. If you have any questions or need assistance filing your reimbursement request, please contact HealthEquity customer service at 877.288.0719. ●



BLUE CROSS AND

BABY YOURSELF

*Give your baby the best start
for a healthy life*

PEEHIP

PEEHIP offers Baby Yourself, a maternity program that helps ensure expectant mothers and their babies receive the best possible healthcare during pregnancy.

This Blue Cross and Blue Shield of Alabama program is available at no cost to expectant mothers who are enrolled and insured in the PEEHIP health benefit plan and applies whether the pregnancy is normal or high-risk.



Sign up for Baby Yourself today and receive:



Support and educational materials





A registered nurse to call with questions or concerns



Useful gifts which support healthy habits and the importance of prenatal care, and address the challenges and changes associated with a pregnancy



Download the **Baby Yourself App**.

The app* helps expectant mothers track their pregnancy and baby's development.  

* For this service, you must be a Blue Cross and Blue Shield of Alabama member and enrolled in the Baby Yourself Maternity Program. There is no charge to download the Baby Yourself app, but rates from your wireless provider may apply. This information is for educational purposes only and is not a substitute for personal care from a licensed physician. Please consult your physician for diagnosis and treatment options.



BABY YOURSELF[®] Maternity Program

The PEEHIP plan is offering an incentive for enrolling and participating in the Baby Yourself program.

PEEHIP will waive the \$200 deductible for the delivery of your baby for those members enrolling in the first trimester and completing the program. The \$25 copay for days 2 through 5 will still apply.

If you or your spouse is pregnant, you can enroll in Baby Yourself three ways:

1. Call **800.222.4379**
2. Register online at **AlabamaBlue.com/BabyYourself**
Note: You will be directed to *myBlueCross* to sign in or register to begin.
3. Download the **Baby Yourself App**