



PUBLIC EDUCATION EMPLOYEES' HEALTH INSURANCE PROGRAM

info



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Protect Yourself and Your Loved Ones with a Flu Shot

Each year around 226,000 people are hospitalized and around 36,000 die because of the flu. Please see below for the available options for PEEHIP members and dependents to receive a flu vaccine, and take action to protect yourself your loved ones from this dangerous illness.

- Flu vaccines are offered through the Alabama Department of Public Health (ADPH) for members, retirees, and dependents at least 4 years of age who are enrolled in any PEEHIP coverage. ADPH nurses will visit PEEHIP participating workplaces this flu season to administer flu shots at no cost. Please bring your PEEHIP insurance card to the location where the shots are being offered. Visit <https://dph1.adph.state.al.us/PublicCal/> to see a list of upcoming flu shot locations.
- Flu shots are also covered by PEEHIP when given at a doctor's office. Retirees who are Medicare-eligible must have their flu shot filed under Medicare Part B, so please bring your Medicare card. Medicare Part B will cover 100% of the flu shot once every flu season with no Part B deductible or copayment needed no matter which health care provider is used.
- Effective August 1, 2015, flu shots are covered at participating retail pharmacies for PEEHIP eligible members and dependents enrolled in any PEEHIP coverage. Although participating pharmacies are now allowed to administer flu vaccines to PEEHIP members at the pharmacy location, PEEHIP does not allow pharmacies or any other vendor besides the ADPH to administer flu shots or any healthcare benefit for PEEHIP members at PEEHIP participating workplaces.

Did You Receive a Health Coaching Letter?

Last year, 96% of PEEHIP members who were invited to participate in Health Coaching completed that activity by the August 31, 2015 deadline, but October 2015 marked the start of a new plan year and the restart of a new year for the PEEHIP Wellness Program. In October 2015, ActiveHealth mailed out invitation letters to those PEEHIP member required to participate in Health Coaching this plan year.

If you did not receive an invitation letter and would like to confirm your required activities, please visit www.MyActiveHealth.com/PEEHIP and click the "My Required Activities" link or call ActiveHealth at 1-855-294-6580. The deadline to complete Health Coaching as well as the wellness screening and Health Questionnaire is August 31, 2016, but why not go ahead and work toward reaching 100% complete so that you can enjoy the peace of mind knowing you have earned your \$50 monthly wellness premium waiver starting next October? Visit www.MyActiveHealth.com/PEEHIP to get started today!

PEEHIP Wellness Program Policy for New Members

After listening to member feedback, PEEHIP has revised the policy regarding the Wellness Program deadlines for new PEEHIP members (i.e. employees and covered spouses). The revised policy regarding the deadlines for required activities for newly enrolled PEEHIP members (in group #14000 coverage) is as follows:

- All new PEEHIP members now have an extended deadline of 8/31/2016. **This means all members currently have the same deadline.** New members will not be charged the wellness premium as long as they complete their requirements by 8/31/2016.
- Just like all other existing members, health coaching may be required for new members, since they now have the same deadline as all other members. If a new member received a health coaching invitation letter from ActiveHealth in October 2015, then that health coaching must be completed by 8/31/2016 in order for them to earn the wellness premium waiver. Health coaching requirements can be verified by visiting the “My Required Activities” page at www.MyActiveHealth.com/PEEHIP.
- The only time a new PEEHIP member will have a different deadline from the rest of the membership is if they have an effective date of coverage between June 2 and September 30 of any given year. These members will have a deadline of August 31 of the following year, rather than the current year in which they enroll. This is because enrolling in this time period gives the member less than 3 months to complete, so they will receive an additional year to do so. For example:
 - If a member enrolls in coverage effective prior to 6/1/2016 within the plan year, their deadline is 8/31/2016.
 - If a member enrolls in coverage effective 6/2/2016 or after within the plan year, their deadline is 8/31/2017.

This new policy is also shown on our website at www.rsa-al.gov/index.php/members/peehip/health-wellness/ under the “Earn the Wellness Premium Waiver” link.