

Medication Therapy Management Auburn University Pharmacy Program

PEEHIP would like to announce a new and exciting program that can safely and effectively help members reduce the number of medications that they take on a regular basis. The program can also optimize your medication regimen so you can get the most from your medications.

Medication therapy management (MTM) services are available to PEEHIP hospital medical plan subscribers who:

- ◆ take five or more medications on a regular basis,
- or
- ◆ have a chronic condition, such as asthma, diabetes, heart disease, high blood pressure, etc., that has required an emergency room visit or hospitalization in the past 12 months.

Medication therapy management (MTM) is provided through a partnership with Auburn University's Harrison School of Pharmacy and involves face-to-face pharmacist appointments aimed at helping you get the most from your medications. MTM promotes safe and effective use of all medications including prescriptions, over-the-counter medications, herbal products and vitamins and helps people manage chronic illnesses controlled by medications. The pharmacist works to optimize your medication regimen so you get the most from your medications. During each one-on-one visit, the pharmacist reviews your medications for:

- ◆ duplicate drugs
- ◆ potential drug interaction
- ◆ adverse drug reactions
- ◆ opportunities to decrease your drug co-pays
- ◆ any medication-related issues which may impact your health

Appointments can be made for clinics located in Auburn, Birmingham, Huntsville or Tuscaloosa. To learn more about MTM or to schedule an appointment for MTM services, contact the Auburn University Pharmaceutical Care Center:

Auburn – 334-844-4099

Birmingham – 205-978-9022 or 866-796-5381 (toll free)

Huntsville – 866-796-5381 (toll free)

Tuscaloosa – 866-796-5381 (toll free)